



**Association Amicale des Jeunes et
Parents AGAPE Inc.**

**The Youth and Parents AGAPE
Association Inc.**

Agape-Networking Partnership Initiative: Health Promotion Activities for Seniors

A meeting of the Agape-NPI was called to order at **10:20 AM** on January 25th 2018 at Cité de la Santé Hospital 1755 Boul. René Laennec in Laval by Kevin McLeod & Ian Williams NPI Coordinators. Some special thanks for CISSS Laval for allowing the Agape-NPI to hold its meeting at their premises.

Present:

1. Elizabeth McLeod-
Agape
2. Kevin McLeod –
Agape
3. Ian Williams- Agape
4. Hélène Duval- CISSS
Laval
5. Vicken Darakdjian-
Eva Nassif-MP
6. Olivia O’Keeffe
Landry - office of
Guy Ouellette-MNA
Chomedey
7. Dena Chronopoulos-
Twin Oaks
Elementary
8. Natalina Pace-
community member
9. Chysoula Beletsiosis-
SSHQ-Hellenic
Social Services
10. Josée Côté-ALPA
(Caregiver)
11. Odette Picard-ALPA
12. Mara Audet-Leblanc-
ALTA (Adapted
Transport)
13. Anne Quenneville-
Comfort Keepers
14. Linda Joosen-
Canadian Legion
Branch 251
15. Aileen Borrueel-
Community Partner
16. Rosi Breuner- Laval
Women’s
17. Vicky Koscher-Laval
Women’s Group
18. Annaleise Koscher-
Laval Women’s
Group
19. Linda Mayhoff-
Chomedey Seniors
20. Carl Narvy-
Chomedey Seniors
21. Marilyn Narvy--
Chomedey Seniors
22. Mélanie Dubé- CAAP
Laval
23. Diane Galley- Holy
Name of Jesus-
Community Member

***Round table Introductions: Members introduced themselves and their
organization***



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Announcements:

Agape to host two more wellness sessions for seniors on February 9th on *Living with Arthritis*, March 2nd on *Seniors and Income Taxes (Revenue Canada)*. [See here.](#)

Our Montreal partners:

Youth Employment Services (YES) : Starting or Growing your business event at Cosmodome in Laval January 30th 2018: [See here.](#)

Collective Community Services (CCS-Lasalle-Verdun): Senior's Mental Health First aid:

For: Those working or volunteering with seniors

Dates: Saturday, Feb. 10th 9am-5pm

Saturday, Feb. 17th 9am-5pm

Cost: \$25 (including lunch both days – it's a \$300 certification, offered for \$25!)

Location: CADRE, 7491 Rue Cordner, LaSalle

Registration: CCS-Montreal (514) 937-5351 x245

jillianr@ccs-montreal.org

Aileen Borrueel Two workshops February 17th & April 17th:

[See here](#) , and [here](#)

Presentations:

Association Lavalloise pour Personnes Aidantes -ALPA (10:25): Odette Picard/ Josée Côté
[See PowerPoint Here](#)

450-686-2572 to register for conferences (English)

Two extra conferences in English at Centre du Sablon. (Some cost \$5 to attend)

A Day Centre will be offered at ALPA's new premises: 1850 Le Corbusier (Spring 2018)

Programme Cheque Emploi - Information is available in English at the [MSSS website](#)

Association Lavalloise Pour le Transport Adapté-ALTA - Mara Audet-Leblanc (11 :00 AM)

[See PowerPoint Presentation here](#)

Olivia O'Keefe Landry (Mr. Ouellette's office) is to follow-up with Ministère du Transport to clarify about restrictions for accompaniment of persons with mental/cognitive disabilities.



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Special Announcements:

Senior's Wellness Centre (Québec Ami des Aînés)

- Please contact Kevin McLeod for more information.

The Wellness centre will **not** be taking away from activities of other English-speaking Laval Senior's associations.

Larger group activities will continue to be held at Centre Communautaire St-Joseph.

Tablet - iPad courses (New Horizons for Seniors)

- Please contact Kevin McLeod for mre information.

Literacy project at Laval Senior Academy – Regroupement Lavallois pour la Réussite Éducative)

First conference expected March 22nd 2018: Promotion of literacy over four evenings at Laval Senior Academy: Themes such as *The Art of Cooking, Comic books, Travel and Cinema/Improv.*

Intergenerational Gardening – (Municipalité Ami des Enfants)- Expected start in spring of 2018: Seniors' volunteers are needed to help children from Twin Oaks Elementary school to learn gardening skills. The [Charter of Rights of Children \(United Nations\)](#) will also be promoted to participants of this project.

According to the [2016 Census figures](#), English speakers in Laval now number 90,980 people. At **our next meeting**, on **March 28th 2018**. Dr. Joanne Pocock (research consultant at the CHSSN) will present more data on demographic changes of the English-speaking population of Laval.

Meeting Closed at 12:25 PM