



**Association Amicale des Jeunes et  
Parents AGAPE Inc.**

**The Youth and Parents AGAPE  
Association Inc.**

Dear English-speaking seniors and English-speaking members of the community,  
We sincerely thank you for taking part in Agape's HPP anonymous survey.

Please read all selections below and then select **up to 5 Health Promotion topics**  
that would interest you.

Agape looks forward to presenting 12 to 18 health related conferences/sessions  
between April 2017 and March 2018.

- Fatigue Management
- Managing a Health Crisis
- Stress
- Diabetes
- Foot Care
- Shingles
- Cancer
- Healthy Aging, Healthy Brain
- Arthritis & Fibromyalgia
- Demystifying Grief
- Navigating the Health care System





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- Alzheimer's Disease
- Depression
- Hearing loss
- Is Home Care an Option?
- Backs and Balance
- Prostate Cancer
- High Blood Pressure
- Kidney problems
- Nutrition
- Bladder Control
- Parkinson's disease
- Stroke
- Powers of Attorney, Mandates for Incapacity and Wills
- Ticks & Lyme Disease
- Life After Stroke
- Balance and Fall Prevention





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- Bowel Conditions and Diseases
- Memory Disorders and Dementia
- Health Risks of Smoking
- Other suggestions:

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