



**Association Amicale des Jeunes et
Parents AGAPE Inc.**

**The Youth and Parents AGAPE
Association Inc.**

Agape-Networking Partnership Initiative: Wellness for Laval's English Speaking Seniors

A meeting of the Agape-NPI was called to order at 10:10 AM on February 16th 2017 at the Jewish Rehabilitation Hospital, Room D1004, 3205 Place Alton Goldbloom, Laval by Kevin McLeod & Ian Williams NPI Coordinators. A special thanks for CISSS Laval for allowing the Agape-NPI to hold its meeting at the Rehabilitation Hospital.

Present:

1. Kevin McLeod – Agape
2. Ian Williams- Agape
3. Elizabeth McLeod- Agape
Board of directors
4. Roderick McLeod- Agape
Board of directors
5. H  l  ne Duval- CISSS Laval
6. Gary Stoopler- CISSS Laval
7. Carl Blondin- CISSS Laval
8. Carl Lavenant-Langerlier -
Political attach   Francine
Charbonneau MNA/ Ministre
responsable des A  n  s et contre
l'intimidation
9. R  mi Alwan- office of Guy
Ouellette-MNA Chomedey
10. Raynald Adams- Ville de
Laval- responsible for seniors
11. Corrine Favier- Table de
Concertation R  gionale des
A  n  s de Laval
12. Evie Applebee- Golda Meir
Haddassah
13. Irving Applebee- Golda Meir
Haddassah/ Cummings
14. Natalina Pace-community
member
15. Aileen Borrue  l-Community
Partner
16. Martin Barry- Laval News
17. Katrina Driver- CLC Laval
Senior Academy
18. Erica Botner- Cummings
Centre
19. Stefani Novick- Cummings
Centre
20. Rosalee Tuchow- Chomedey
Seniors
21. Wilma Gumpert- Laval
Women's Group
22. Hanna Tohermes-Laval
Women's Group
23. Theresa Pratcher-Laval
Women's Group
24. Vicky Koscher-Laval
Women's Group
25. Darlene Truchan- Laval
Womern's Group
26. Anita Katz- Chomedey Seniors
27. Harvey Katz- Chomedey
Seniors
28. Lily Rail- Chomedey Seniors
29. Herb Cohen- Chomedey
Seniors
30. Monica Nadeau- Holy Name &
55+ Seniors
31. Linda Mayhoff- Chomedey
Seniors
32. Helen Bligouras- Community
Partner
33. Rev. Helen Hliaras- Northlea
United Church
34. Eric Pag  - Rosemere
Memorial Church
35. M  lanie Dub  - CAAP Laval
36. Evelyn-Bass- Community
member
37. David Nagev- Community
Member
38. Jitka Krivaner-Community
Member



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| 39. Christine Kern- Laval
Women's Group | 45. Linda Joosen- Royal Canadian
Legion- Branch 251 |
| 40. June Cohen- Community
Member | 46. Diane Galley- Community
Member-Holy Name of Jesus |
| 41. Marlene Blubstein-Community
Member | 47. Mona Arsenaault- CDC
Vimont-Learning Exchange |
| 42. Stella Legatos- Community
Member | 48. Claire Nudel-Community
Member |
| 43. Elizabeth Knoll- Chomedey
Seniors 55+ (Holy Name of
Jesus) | 49. Max Stollar- Chomedey
Seniors |
| 44. Els Poot – Community
Member- Holy Name of Jesus | 50. Giseler Traslier-Community
Member |

Welcome to new members/ guests

Round table Introductions

Ian Williams summarized the CHSSN *“Promoting the Health and Well-being of English-speaking Seniors in Quebec: A community Model”*. [*Please see this model here.*](#)

Kevin McLeod- [Seniors wellness presentation](#)

Corrine Favier of the Table Régionale de Concertation des Aînés de Laval-TRCAL sent an informal survey to community organizations who have documentation, a website and people to serve in English: many do. A Wellness centre would be a bridge to these resources.

Result of Agape's funding request is awaited towards the end of February 2017.

Ideal location would be in Chomedey. It would be suitably adapted for seniors (suitable parking, elevator, technical aids, etc.)

Estimated start: 2018-2019 fiscal year.

Sustainability funding would be sought after the first year.

An email list was created during the meeting to keep all present up to date about the progress of the wellness centre.

Aileen Borrueel- *Jog Your Mind program* presentation: A 10 week program for seniors to maintain good memory and brain function. This program would be available at a future Agape Seniors' Wellness Centre free of charge. This program is offered at \$5 per session in the meantime. [See information here.](#)



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Erica Botner Cummings Centre- *Cummings centre's Virtual learning* ([see presentation here](#))
See the online workshops: virtual.cummingscentre.org. [More information here.](#)

Carl Blondin CISSS Laval- *Info Social 811*

Now offering Psychosocial assistance over the phone (option 2 on 811 line) and is unique in Laval, where referrals to services beyond a phone call are possible (ie. CLSC, developmental disabilities, abuse, home care for seniors, mental health problems). [See more information here.](#)

Meeting Closed 12:20



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